

EGG NOG JOG 2009

4 MILE RUN & 2 MILE WALK

THIS IS NON COMPETITIVE FUN RUN

WHEN: 12:00 NOON JANUARY 1, NEW YEAR'S DAY 2009

WHERE: 4TH & GUADALUPE TRAIL NW (SOUTH OF SMITH'S)

**ENTER AT: HEART & SOLE, 2817 SAN MATEO NE, 884-5300
OR MAIL ENTRY TO: GIL DURAN**

**3733 LA HACIENDA PL NE
ALBUQUERQUE, NM 87110
505-268-7682**

**PACKET PICK-UP AT HEART & SOLE ON WEDNESDAY, DEC 31
10:00 AM-4:00 PM**

**ENTRY FEES: \$18.00 WITH T-SHIRT BEFORE RACE DAY
\$20.00 WITH T-SHIRT ON RACE DAY**

**\$6.00 NO T-SHIRT BEFORE RACE DAY
\$8.00 NO T-SHIRT ON RACE DAY**

CASH OR CHECKS ONLY

MAKE CHECKS PAYABLE TO: GIL DURAN

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**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**CITY** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**SHIRT SIZE      S      M      L      XL      XXL      OR      NO T-SHIRT**

**I ASSUME ANY AND ALL RESPONSIBILITY AND LIABILITY FOR ANY INJURIES I MIGHT INCUR IN CONNECTION WITH THIS RACE. I RELEASE ALL RESPONSIBILITY FOR ALL PERSONS INVOLVED WITH THIS EVENT.**

**SIGNATURE** \_\_\_\_\_

**SIGNATURE OF PARENT IF UNDER 18** \_\_\_\_\_