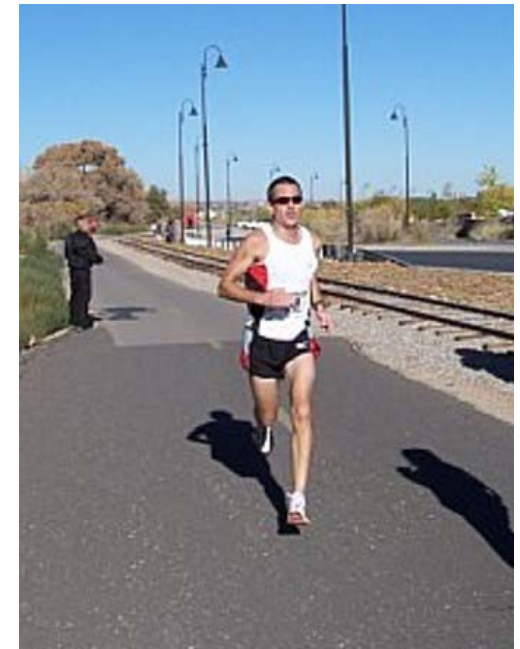


3rd Annual
 Veteran's Day 11K
 Sunday, November 15, 8:00 a.m.



Or view the course online at
<http://www.usatf.org/routes/view.asp?rID=169434>

Questions?

Contact: Kelley Garcia @ 505-235-7859; or
cooperkel@yahoo.com

Sponsored by:
 The Albuquerque Road Runners



3rd Annual Veteran's Day 11K.

Celebrate the service our Men and Women in the Armed Forces have given our country by running this flat, fun course on Albuquerque's beautiful Bosque trail.

- The race will begin and end adjacent to Kit Carson Park.
- Proceeds will go to support the New Mexico Veterans Integration Center (www.NMVIC.org)
- Water stops and split times will be available along the path.

How to register

Online at www.Active.com

In person at: **ABQ Running Shop**
12611 Montgomery Blvd NE #A6-B
(505) 293-2786

Mail to: Kelley Garcia, 10044 Del Chaparral NE; Albuquerque, NM; Please make checks payable to: **Albuquerque Road Runners Club**

Race Day @ Kit Carson Park, 7 a.m. until start. Downloadable entry form available at www.aoadrun.org

Cost: \$25 thru Nov 1
\$30 thru Nov 13
\$35 at packet pickup and Race Day

****Amphipod Xinglet reflective gear guaranteed to the first 125 registrants**

Packet pickup will be held on **Saturday, November 14** from noon – 4 p.m. at ABQ Running Shop and on race day.

Awards

First Overall Male & Female; 1st-3rd M/F Junior Division (19-Under); M/F Open Division (20-39); M/F Master Division (40+); No duplication of awards

Veteran's Day 11K Entry Form & Waiver

Please print clearly:

Name: _____ Age: _____ Gender: (circle one) Male Female

Address: _____ ZIP _____
City State

Phone: _____ Date of Birth _____ Age on Race Day _____

Email: _____ Are you interested in membership in the Albuquerque Road Runners? Y N

Entry Fee Enclosed:

\$25 thru Nov 1 _____

\$30 thru Nov 13 _____

\$35 packet pickup & race day _____

Please make checks payable to **Albuquerque Road Runners Club**

Send form and check payable to "Albuquerque Road Runners Club", 10044 Del Chaparral NE; Albuquerque, NM 87111
OR log on to www.active.com for online entry.

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete a run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Albuquerque Road Runners Club, and all sponsors, their representatives and successors, from all claims or liabilities of any kind ensuing out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings or any other record of this or any other event for any legitimate purpose. I understand that bicycles, skateboards, baby joggers, rollerblades, animals, and radio or tape headsets and IPODs are not allowed in any race, and I will abide by this guideline.
